



RSE in the St Lukes C of E Primary School and Betley C of E Primary School Scheme of Work.

This document summarises the main RSE content in the Entrust Scheme of Work. It can be used as an appendix to the school's RSE Policy. It could also be shared with parents and carers to show where various concepts are introduced.

This has also been mapped against the statutory guidance for relationships education (REd), health education (H Ed) the Science (Sc) national curriculum and those which might be considered Sex education (S Ed).

In Primary schools sex education is not statutory however within the guidance the Department for Education "continues to recommend therefore that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born"

The Science National Curriculum for Year 1 requires schools to teach the names of external parts of the body. The Sex Education Forum recommends that this includes external genitalia. This is vital for safeguarding as it gives children the language to describe the private parts of their body and to seek help if they are abused. Within this scheme this vocabulary is introduced in Year 2 although schools may decide to introduce it earlier.

Vocabulary and content which maybe considered as sex education are highlighted in bold.

Within Year 5 and 6 vocabulary relating to the sexual body parts are part of the learning about puberty and the "changing adolescent body". These are part of the health education curriculum and therefore have to be taught to all children and there is no parental right to withdraw.

R Ed-Relationships, H Ed =Health, Sc = Social & Emotional, S Ed = Sex education.

Year	Theme	Key concepts	Vocabulary	R Ed	H Ed	Sc	S Ed
FS	Me and my Relationships	Friends Families	Friend, like, sharing, caring, listening, understanding, fun, family, different, same, mum, dad, step mum, step dad, brother, sister, grandparent, auntie, uncle, cousin	Y			
1	Happy and Healthy Me	Parts of the body Changes from baby to adult What can we do now and what can we do in the future	Head, neck, shoulders, arms, hands, fingers, legs, feet, toes, face, eyes, nose, mouth, ears, teeth, hair, knee elbow, child, teenager, elderly, change, needs, grow and develop	Y		Y	
	Me and My Relationships	Types of families Special people Friends Making choices	Family, relationship, different, similar, respect, care, love, look after like, trust, share, listen, help, talk, kind, good friend and choice	Y			

2	Happy and Healthy Me	Parts of the body Germs and diseases	Nipples, vulva, penis, testicles , clean, dirty, hygiene, washing, infection, disease, germ, spread, catch, illness, stop, cover, nurse, doctor and pharmacist	Y	Y		Y
	Me and My Relationships	Getting on with others Dealing with conflict Teasing and bullying Changing relationships	Behaviour, affect, others, sharing, taking turns, helping, rules, fair, unfair, right, wrong, kind, unkind, special, change, loss, happy, sad, angry, remember, talk and share	Y			
	Me and My Safety	Keeping safe in relation to people Surprises and secrets	Safe, unsafe, comfortable, uncomfortable, acceptable, unacceptable, secret, surprise, tell, no and stop	Y			
	Me and Other People	Differences between boys and girls (not physical) Gender stereotypes Stonewall – Same Love Different Families	Boy, girl, male, female, family, same, different and similar	Y			

3	Me and My Relationships	Differences between boys and girls (physical, emotional and social) Families Choices Friendships Arguments Choices and influences	Knee, elbow, shoulder, wrist, ankle, stomach, heart, lungs, brain, tongue penis, testicles, breasts, vulva, vagina, womb , male, female, boy, girl, changes, physical, emotional, social, teenager, family, parent, carer, partner, mum, dad, grandparents, step mum and step dad	Y	Y		Y
	Me and My Safety	Physical contact – acceptable and not acceptable Dealing with physical contact NSPCC PANTS resource	Acceptable, unacceptable, depends, worried, hurt, upset, tell, good secret, bad secret and surprise,	Y			
4	Happy and Healthy Me	Illness Spread of disease	Bacteria, virus, germs Ill, unwell, spread stop and hygiene		Y		
	Me and My Relationships	Life cycles in animals Changes experienced Introduction to puberty Feelings and emotions Good and bad touches Private parts Scenarios around physical	Life cycle, grow, change, mature, develop, puberty, body processes, inevitable, grow, bigger, taller, heavier, stronger, change, developing, feelings, emotions, moods, relationships, safe, unsafe, comfortable, uncomfortable, private, acceptable, unacceptable feelings, loss, separated, died, relief, regret, remember, support, share, violence, enemy and responsibility	Y	Y	Y	

		contact Bad secrets Loss Violence in relationships				
	Me and My Safety	Hazards online including relationships on line	On line, passwords, personal information, CEOP button and secret	Y		

5	Me and My Relationships	<p>Changes in boys and girls</p> <p>Menstruation/Periods</p> <p>Realities and myths about periods</p> <p>Provision in school for periods</p> <p>Gender stereotypes</p> <p>Hygiene</p> <p>Relationships</p> <p>Love</p> <p>What makes a good partner?</p> <p>Unhealthy relationships</p> <p>Pressure</p>	<p>Puberty, menstruation (period), ovary, ovum, fallopian tubes, womb, vagina, labia, vulva, clitoris, breasts, monthly, sanitary towels, tampons, stereotype, gender, individuals, expectations, discrimination, change, personal hygiene, hormones, bacteria, sweat, perspire, greasy, odour, toiletries, relationships, love, partner, marry, marriage, secret, risk and responsibility</p>	Y	Y		
6	Me and My Relationships	<p>Concerns and worries</p> <p>NSPCC – In the Know</p>	Puberty and feelings		Y		
	Happy and Healthy Me	<p>Internal sexual organs</p> <p>Menstruation</p> <p>Conception</p> <p>Gender stereotypes</p>	<p>Puberty, emotional, physical, social, compromise, negotiate, reproductive organs, cervix, bladder, scrotum, sperm duct, urethra, sperm, egg, sexual intercourse, womb, penis, vagina, hips, testicles, baby, periods, breasts and ovaries</p>	Y	Y	Y	Y